



AARNIPP News

Supporting entrepreneurship, professionalism, and nursing innovation

www.privatepracticenurses.ca

March 2010

President's Message

Well spring is here and there is a surge of positive energy around us. At AARNIPP we continue to move towards our goal of being a dynamic support and education group for nurses in private practice. There appears to be increased interest in business from RNs in various nursing specialties.

One of our initial goals was to establish a strong working relationship with CARNA. In the last newsletter we discussed the positive meeting we had in October, 2009. The Executive thought that having a strong CARNA representation at our Annual General Meeting on May 29, 2010 would be an excellent way to continue achieving this goal. I have talked with Barbara Waters, Deputy Registrar, and Maria Andree-Chasse, Policy and Practice Consultant and they have graciously agreed to speak and to be part of an open forum. WHAT AN OPPORTUNITY for AARNIPP members to learn, to question and to feel supported in the process. Also Sarah Wall has completed her PhD research on nurses in private practice. She will share a review of that research as well as take part in the forum.

We have just submitted a review form to CARNA regarding the "Collaborative Nursing" document. We are anxiously waiting to hear how CARNA views this document, as well as on the "Self Employment for Nurses Position Statement and Guidelines" and on "Alternative and Complementary Therapy Standards for Registered Nurses". This is one of the great reasons to attend the Annual General Meeting.

We want a sell out for our Annual General Meeting. This is an opportunity to be a part of developing our mandate for next year, to be involved in positive changes and to be validated. Our business meeting will be short. Most of the day is about ENHANCING THE PROFESSIONAL ROLE OF THE RN IN PRIVATE PRACTICE.

Please join us. Your voice is very important in these changing, exciting times.

Respectfully in Living Wellness,

Pat Casey Jurgens

Celebrating Professionalism in Private Practice
19th Annual General Meeting & Education Day
May 29, 2010
Kerry Wood Nature Centre, Red Deer, Alberta

What does CARNA say about private practice?
What insights are gained from the research about private practice?
Come and meet with your nursing colleagues!

Our Secretary will be completing her term of office! Volunteer to fill this vital executive position

For more information: info@privatepracticenurses.ca or call 780.438.7107

MEET, KNOW AND SUPPORT YOUR COLLEAGUE IN PRIVATE PRACTICE

I want to introduce you to MARGARET JOHNSTON from Didsbury, Alberta. Margaret has contributed and supported AARNIPP for many years. Prior to being the Central Region Chair (for about ten years), she was the AARNIPP Provincial Secretary for two years and remains the treasurer of the Central Region Chapter. She is a strong, stable and reliable member. Thank you Margaret for all your help.

Margaret graduated in 1964 from Calgary General Hospital. Except for two years in acute care and two years in rehabilitation, she has spent her entire nursing career in long-term care. Margaret shared the following reasons for staying in long-term care: she was able to get to know her clients better; she could provide more holistic care; she felt she made a bigger difference in clients' lives; and, she enjoyed the leadership and role modeling that RNs could provide.

Margaret also shared the extreme changes she has observed in nursing, like increased technology and the multiple roles that nurses share. At times she worries about the lack of time allowed for relationships and caring within professional nursing practice.

In 1988 Margaret completed a foot care course and started providing foot care while working in the health care system. In 1992 she joined AARNIPP and in 1993 actively pursued private practice. Margaret completed the VON Advanced Foot Care Course in 1996 and continues to update her knowledge and skills in this area. Margaret continues to serve long-term care clients as an RN in private practice. As well, she had conducted Basic Foot Care Courses for health care aides. She has built a steady business and works three days per week. Margaret loves the flexible hours and providing a level of care that matches her vision and values. I am sure that her clients know at each appointment that they receive Margaret's first-class skill, knowledge, caring and commitment.

Margaret lives on a farm and loves to garden. She is a horse expert and is still involved in working as a steward at horse shows. Margaret is planning to retire within the next two years. She is looking forward to having more time for her hobbies. She will be greatly missed by her clients and by AARNIPP. We look forward to working with her until her retirement and we wish her the very best after she puts away her foot care bag.

Pat Casey Jurgens

WHAT'S HAPPENING

Check out the Web Site - The process of updating the business information of members is continuing. Check out the web site for your information or watch for an e-mail from Elnora that needs your response. The e-mail contact is info@privatepracticenurses.ca. Adaptations are being made so that in the future you may see e-mails from AARNIPP instead of my personal e-mail. Please don't ignore!!

CARNA – AARNIPP continues to respond to requests to review documents. Recently we submitted a review of the *Collaborative Nursing Practice* document and earlier provided a response to the self-employment and alternative therapies documents. Several AARNIPP members were selected at random to also complete the review and submit recommendations. AARNIPP has indicated to CARNA that we are willing to assist with the revisions of the self-employment document and has recommended that the alternative and complementary therapy document be withdrawn.

AARNIPP Brochure – this has been revised and is available on the web site for downloading.

Membership Form – watch for changes in this form when it arrives. Renewal is due May 1.

Constitution & By-laws – these are being reviewed and revised. Revisions will be submitted for approval at the AGM.

Operations Manual – or “how we do things” continues to be revised to include current procedures. This update will make it easier for the current and future executive members to fulfill their responsibilities.

Contacts & Questions – we continue to get queries from RNs who are seeking information about starting a business, RNs seeking contacts, and also the public looking for nursing services.

AROUND THE PROVINCE

EDMONTON CHAPTER

Edmonton chapter met on February 25 and had a good time networking and sharing. Natalie Shipanoff presented her private practice and described her experience in developing her business. One visitor to the meeting was a nurse who is working on her Master's degree and wanted to learn more about this area of nursing.

Please contact Elnora for the date of the next meeting.

Ruth Graham

CENTRAL CHAPTER

We are a small group of four regular members attending. We plan to meet every two months – and currently meet the second Wednesday of that month at 1:30 pm. At our last meeting we watched a short video regarding ethics obtained from the CARNA Resource library and plan to have an educational component at our future meetings. Our next meeting will be May 12, 2010 – for a potluck BBQ. Anyone interested in attending – please contact me for more information at footcareandmore@hotmail.com or 403.335.8751. We would be most happy to increase our membership.

Shirley Froese

CALGARY CHAPTER

Carol Rosdobutko was the guest speaker at the last meeting on March 11. “Money DOES grow on trees...Referral Trees.” Carol encouraged us not to focus on what we had to offer, but instead to ask lots of questions of the other person (potential client). When thinking about networking, think about who you know and who you might want to connect via introductions. Let's help one another succeed! Our next meeting will be on Thursday May 6th with Chris Davies, CARNA Regional Coordinator as the guest speaker. The topic will be “Paperwork or Patient Care: What Matters”. Let Kathleen know if you are attending.

Kathleen Chury

CHANGES

Our new Vice-President is Carol Secondiak who has enthusiastically volunteered to assume this role. Carol's business is ECS Safety Services Ltd. and she lives in Brooks.

Cheryl Caul, our previous VP resigned as her nursing business was sold and she has assumed other responsibilities.

Susan Feddema-Leonard of Grande Cache writes: “After 22 years, I have formally undertaken a name change of my business. Please change my contact information to – Great Divide Consulting Inc. and e-mail info@greatconsulting.ca.”

CONGRATULATIONS

Dominique Graf and her business “Breath for Life” were nominated for an Edmonton Chamber of Commerce award for businesses with 10 or fewer employees. They were one of the four finalists in this category.

REMEMBRANCE

Susan MacKay who had the business *Anamchara* and moved to Ontario several years ago, passed away on January 20 of cancer. Susan was an active member of the Edmonton Chapter when she was in Edmonton and was missed when she moved. Our sympathy to her husband Angus and her children.

AARNIPP PROVINCIAL EXECUTIVE – 2009-2010

President Pat Casey Jurgens
Vice-Pres. Carol Secondiak
Secretary Robin McKay
Treasurer Natalie Shipanoff
Edmonton Chapter - Ruth Graham
Central Chapter – Shirley Froese
Calgary Chapter – Kathleen Chury

Executive Assistant – Elnora Hibbert Phone 780.438.7107

Check out the web-site at: www.privatepracticenurses.ca. You may contact any member of the executive at info@privatepracticenurses.ca with your comments or questions.