



AARNIPP News

Supporting entrepreneurship, professionalism, and nursing innovation

www.privatepracticenurses.ca

July 2010

President's Message

We completed a successful and highly energized AGM. Thank you to those special members and to Elnora for all the hard work in the planning. Thank you to all of you who braved winter driving conditions in May. At the AGM we highlighted the past year's successes and set goals for the following year. Clearly the day's energy illuminated that there are a group of Registered Nurses who are proud to be in private practice and that we want to move ahead to make changes that will enhance our practices. As with all organizations each member needs to contribute or the goals will not be met.

We had three speakers who empowered our day with expertise and respect for our organization. Barbara Waters, Deputy Registrar (CARNA), Marie Andree Chasse, Policy and Practice Consultant (CARNA) and Sarah Wall, RN, BScN, MN, PhD(c) (U of A) presented and then participated in a panel discussion. Barbara and Marie Andree shared their duties at CARNA and how their job descriptions worked with nurses in private practice. Sarah shared the results of her PhD research study – "What Nurses in Private Practice Are Saying". She shared stories and quotations from nurses about their commitment to their patients, making a difference, pride in their practices, frustration and anxiety about the registration process, and many more topics. To have these three speakers together was very important. Sarah obviously was representing the viewpoint of the private practice nurses she interviewed and the CARNA representatives had not heard these results. Although the data were gathered prior to Barbara Waters' term, Barbara and Marie Andree embraced the feedback. They shared how they had already made positive changes and were looking to work closely with AARNIPP to continue problem solving. I believe we knocked down huge walls and opened an avenue of partnership and shared goals to enhance private practice and to continue to protect the public in the highest manner. It was clear that Barbara and Marie Andree wanted to hear our concerns and work closely with us to meet our needs. Sarah was delighted to share and to be part of the day. Our appreciation goes to Barbara, Marie Andree and Sarah.

It was decided at the AGM that we pursue the issue of third party billing. Certainly nurses in private practice question why other professionals can bill third-party payers and we cannot. It is certainly most unfair to our patients/clients. Some of the members let their name stand to be on the committee with the executive that looks into this process. I have started brainstorming and we will assertively tackle this as a committee in September, 2010.

I want to wish each and every one of you a happy and safe summer. Feel the sun, enjoy the breeze and celebrate nature. Thank you to the executive and to Elnora for their hard work and support. I look forward to a productive and fun upcoming year. Happy Holidays!

Respectfully,
Pat Casey Jurgens
President, AARNIPP

Celebrating Professionalism in Private Practice

Our annual meeting and education day was held in Red Deer on May 29, 2010 at the Kerry Wood Nature Centre. Unfortunately the weather was most uncooperative and the beauty of the area was enhanced(!) by several inches of snow.

Highlights of the **Annual Meeting**:

- President's Key Note Address – Pat Cases Jurgens reviewed the past year, the needs, goals, and accomplishments as well as her hopes for the future of AARNIP.
- Chapter Reports from Edmonton (Ruth Graham), Central area (Shirley Froese) and Calgary (Kathleen Chury) reviewed activities in each of these areas.
- Budget approved for 2010-2011 activities.
- Revisions to the Constitution and Bylaws approved as presented.
- Election of Officers - Martha Winchell volunteered to become Secretary.
- Motion that AARNIPP pursue the opportunities for Third Party Billing for RNs was approved. Volunteers are requested to assist with this endeavour.
- Discussion re involvement of members to stand up, attend and get involved.
- Pat Casey Jurgens, nominated for CARNA Award for Excellence in Clinical Practice, and Martha Winchell, nominated for CARNA award for Excellence in Administration, were recognized.
- Robin McKay was thanked and recognized by AARNIPP for her contribution as Secretary for the past two years.

Highlights of the **CARNA Connection**

- **Marie Andree Chasse** –Consultant, Policy & Practice – provided a summary of her role with CARNA
 - Provide consultations to nurses, managers, public
 - Liaise with counterparts in other Provinces
 - Publish trending information for members
 - Review and revise standards and guidelines
 - Participate in regulation development
 - Revised document: *Self-Employment for Nurses: Position Statement and Guidelines* is now available on CARNA web-site.
- **Barbara Waters** – Deputy Registrar – also provided a summary of her role and responsibilities.
 - Focus is on Protection of the Public
 - Policy framework is currently under review for self-employed RN's
 - “Contracting” nurses are beginning to provide more traditional work. E.G. Primary Care Network. CARNA requires RN's to go through the self-employment process to ensure RN's understand insurance/legal requirements, etc. as a contract worker vs. an employee.
 - Help RN's define what their practice is – to understand how nursing is involved in the specifics of their practice
 - Many nurses struggle to define the balance between Alternative or Complementary therapies and nursing work.
 - Issue exist around confidentiality, especially with holding charts (7 years & secured)
 - Working on a tool kit by developing an on-line process to help nurses define practices within legal regulations as they develop their business.
 - Peer review requirements are to ensure you are following nursing guidelines. You can find information for a 360 degree review, which would be an appropriate method.
 - Currently working towards developing a standard of practice to support self-employment

There was discussion with the members around guidelines, regulations, and the past, present, and future of working with CARNA. Further questions can be fielded directly with Barbara via email bwaters@nurses.ab.ca.

Highlights of Professional Issues in Nursing: **A Study of Private Practice Nursing**

➤ **Sarah Wall** – PhD(c) presented findings of her research

She interviewed 20 RNs in private practice and summarized her findings.

Motivators

- Nursing Identities
- Nursing Practice – holistic, professional, patient focused and prevention based - regardless of the practice setting
- Barriers and difficulties
- Fresh ideas: business and practice ethics
- Future of entrepreneurial nursing
- Persistent issues

Open Discussion with Panel – Discussion centred around third party billing, identification of the issue and methods of moving forward

The AARNIPP Executive



AARNIPP Executive (left to right) Ruth Graham, Shirley Froese, Natalie Shipanoff, Martha Winchell, Robin McKay, Pat Casey Jurgens, Kathleen Chury, Elnora Hibbert Missing from photo: Carol Secondiak

A Message from Martha

On May 29th, 2010 I had the privilege of attending my first AARNIPP meeting in Red Deer. Unfortunately the weather wasn't the best as it was snowing but there were many hardy souls, some who had driven a long way in this untimely weather; in attendance. It was a great day of networking and presentations. Everyone was so nice and friendly and they made even the newcomers feel so welcome and included. The sessions were informative and timely. For the first time since I started into independent practice, I didn't feel alone as I struggle to meet the CARNA requirements. A big thank you to everyone who made the day so successful. The location, food, door prizes were all great. Thank you too for the lovely rose I received in recognition of my CARNA award nomination – I truly feel humbled and appreciated to be recognized but feel that the accolades should go to every nurse that I have ever worked with – their dedication and commitment to their patients and residents is beyond commendable. I am excited to have become a new member of the AARNIPP and look forward to future meetings.

Martha Winchell

Edmonton Chapter – Ruth Graham

Edmonton chapter had 4 dinner meetings this year. We have enjoyed the networking and sharing of ideas and information. At our June meeting we elected a new executive to continue the work of the chapter. Our new executive is comprised of: Chair: Ruth Graham; Vice-chair: Corinne O'Neill; Secretary: Victorine Warner; Treasurer: Sharon Robertson. Edmonton chapter has sponsored *Business Know-How* educational days in the past. At the provincial AGM members indicated that they would like to have another *Business Know-How* program. A planning committee has been set up to plan the day. If you would like to help, please contact one of the Edmonton chapter executive members. We do have one question for you: we have been asked whether there was interest in getting together a group of foot care nurses to discuss issues in their practices. Would you be interested in meeting with other members with similar practices for an hour during or at the end of the day? What group would you like to meet with?

Our next meeting will be September 23rd. Save the date. Information will be sent out early in September.

Central Chapter – Shirley Froese

This is my first opportunity to write a report for the annual meeting. As this is my first year in Private Practice I have found it beneficial to be part of the Central District Chapter and in turn part of the AARNIPP. It is a good way to stay connected with other RN's in Private practice, to keep updated with CARNA affairs and to give and receive support to each other professionally and personally.

During the past year Central District met every two months. Our agendas usually include updates from AARNIPP & CARNA, an educational component and general sharing. We had our spring BBQ on May 12/10. We are a small group with 4 members. We certainly would like to increase our numbers. We would be interested to hear from other AARNIPP members who live in Central District and what would encourage you to join the Central chapter.

Thank you to the Executive for your support and ongoing information and updates.

Calgary Chapter – Kathleen Chury

In raising my hand at the last AGM for AARNIPP, I volunteered to be the Calgary Chapter Representative for AARNIPP...and the adventure began...

After attending the meeting, it was apparent that there were many amazing and diversified people in private practice nursing in Alberta. It was exciting to have that continue after meeting all new people at the Calgary Chapter meetings in the last year. I was new to the group, but so were 99% of us, and it was expressed by everyone that it's great to learn, share ideas, network, and enjoy being connected with other like-minded nurses. Our meetings have varied – a "meet and greet", infomercials, reference suggestions, CARNA application assistance, discussions about the nursing scene, seniors' care, getting referrals, documentation, and so on. There has always been a lot of sharing and the networking is incredible. We were lucky enough to have a board room in a beautiful office setting, thanks to Donna!

Our next meeting will be in the fall of 2010 – will let you know the date, time, and location. If you have ideas for other guest speakers, that would be greatly appreciated. Do come and join us!

MEET YOUR COLLEAGUE IN PRIVATE PRACTICE

I want to introduce you to MARTHA WINCHELL from Red Deer, Alberta. Martha has graciously accepted the position of secretary for AARNIPP. We look forward to working with you Martha and I thank you for stepping up to the plate.

Martha graduated from the U of A Hospital in 1968 and completed her BSN from the University of Athabasca in 1997. She enjoyed the mental health component of her nursing training. Martha's husband's career in agriculture had him working in small towns which often do not have mental health specialties. Martha decided to specialize in long-term care. She had a love of the psycho-social component of nursing and found it easy to apply this in long-term care. Martha had a passion for working with patients having dementia (joining her two interests of mental health and long-term care). She taught "Supportive Pathways", a program for front-line staff working with patients with dementia. Martha held management positions for most of her career and had led some dynamic and unique projects. Martha describes her management style as having the skills to facilitate and empower everyone's expertise. It sounds like Martha created an environment that benefited the employees, the patients and the community at large. Martha shared that the biggest change in long-term care is the increased acuity of residents due to individuals having more opportunities to stay in the community.

Martha has been married for 42 years. She and her husband have 3 children (one son and two daughters) and 5 grandchildren. For most of her married life, Martha lived on a mixed farm. Her hobbies are camping and travelling.

Martha retired in 2008 from long-term care administration. She now works in private practice as a long-term care management consultant providing guidance on issues such as care models, staffing and recruitment. She is enjoying her new role and loves the flexibility consulting allows her. Thank you again Martha for joining the AARNIPP executive. Your knowledge, experience and positive attitude will certainly enhance our organization.

Pat Casey Jurgens

WHAT'S HAPPENING

Check out the Web Site – The “Members Only” section of the web-site is not been used and we are missing out on the networking capability of this section. If you have questions about this area or suggestions on the use of this component of the web-site please contact AARNIPP. Also, the process of updating the business information of members is continuing.

CARNA – AARNIPP will continue to communicate with CARNA regarding issues related to private nursing practice. Several revised documents are now available on the CARNA web-site. Of particular relevance to AARNIPP members is *Self-Employment for Nurses: Position Statement and Guidelines* . AARNIPP will review this revised document and make further comment if necessary.

Membership Form – This form is available on the web-site. If you have not already renewed your membership for 2010-1011 please do so as soon as possible.

Constitution & By-laws – Watch for a copy of the revised Constitution and By-laws which were approved at the AGM.

Contacts & Questions – we continue to get queries from RNs who are seeking information about starting a business, RNs seeking contacts, and also the public looking for nursing services.

EXECUTIVE – 2009-2010

President	Pat Casey Jurgens
Vice-Pres.	Carol Secondiak
Secretary	Martha Winchell
Treasurer	Natalie Shipanoff
Edmonton Area	- Ruth Graham
Central Area	– Shirley Froese
Calgary Area	– Kathleen Chury

Executive Assistant – Elnora Hibbert Phone 780.438.7107

Check out the web-site at www.privatepracticenurses.ca

You may contact any member of the executive at info@privatepracticenurses.ca with your comments or questions.